

The Future of Workplace Seating? Addressing the Sit-Stand Conundrum

FREE SEMINAR on February 23, 2017

Most of us sit too much in the office. We know that but we are creatures of habit and we also know that habits are hard to break. Research tells us we need to get up more but research is not enough to make people change. If it was, nobody would smoke.

Learn how BMA Ergonomics, the Dutch seating manufacturer, has introduced app-based technology to help change behaviours and hear the latest thinking about the sit-stand-move issue.



nomique

Venue: Nomique Showroom, The Old Trading House, 15 Northburgh Street, Clerkenwell, London EC1V 0PR

Reserve your free place at:

<http://ergonomics.events/>

numbers are limited so don't delay!

17:00	Arrival, networking, snacks, refreshments and Axia Smart Active demonstrations
18:00	Welcome & Introduction – Guy Osmond, Osmond Ergonomics
18:10	Healthy Sitting, Smart Working – the AXIA Smart Active Chair and App – Martin Bignell, Nomique
18:30	Should we sit or stand? Is this an appropriate question? – Stephen Bowden BSc (Hons) C.ErgHF MIEHF EurErg
19:10	Q&A
19:20	Networking, snacks, refreshments and Axia Smart Active demonstrations
20:00	Close