



If you prefer, you can complete an online version of this form at www.customchair.co.uk
 In order to assist us in the process of suggesting suitable product(s), please provide the information outlined below. To ensure accuracy, we strongly recommend that you ask a friend or colleague to help you take measurements.

ABOUT YOU

Sex: Male Female
 Prefer not to say

Weight: <9 stone (57kg) 9-15 stone (57-95kg)
 15-23 stone (95-146kg) >23 stone (146kg)
 Height:

WHO HAS ORIGINATED THIS ENQUIRY?

Organisation/Company:
 Name:
 Telephone:
 Email:
 Date:

WHO IS THIS FORM ABOUT?

Name:
 Job title:
 Email:
 Telephone:
 Postcode:

ABOUT HOW YOU WORK:

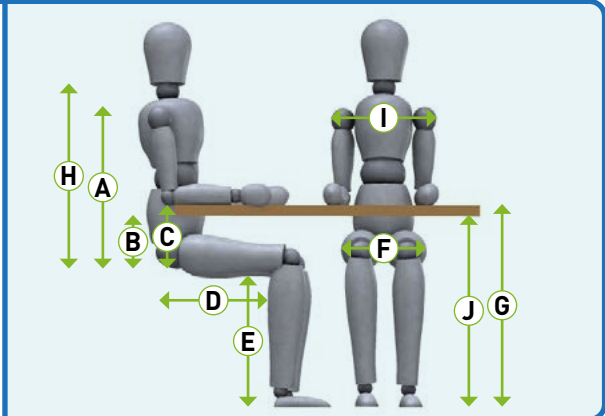
Are you a touch typist? Yes No
 Which is your dominant hand? Left Right
 With which hand do you use your mouse? Left Right
 Do you work full or part time? Full Part

Approximately how do you spend your time?

Computer:%
 Writing:%
 Reading:%
 Meetings:%
 Away from desk:%
100% Total

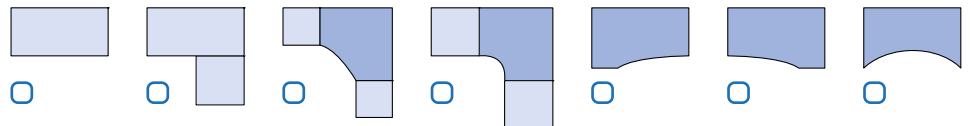
PLEASE TAKE ALL MEASUREMENTS WHEN SEATED

A: Under buttock to top of shoulder: cm
 B: Under buttock to centre of lumbar curve: cm
 C: Under elbow to under buttock: cm
 D: Back of buttock to behind knee: cm
 E: Under knee to base of foot (in shoes): cm
 F: Width across hips: cm
 G: Height of desk (to top of surface): cm
 H: Under buttock to nape of neck: cm
 I: Width across shoulders: cm
 J: Height of clear space (to underside of desk): cm



ABOUT YOUR WORKSTATION

Which is closest to your desk shape?



Drawers: Pedestal on castors Attached to desk Footrest: Yes No Copy holder: Yes No
 Computer type: Windows Apple Other Desktop Laptop with docking station Laptop without docking station
 Number of extension monitor(s): If a Desktop, what is its position: On desk Under desk
 Monitor position(s): Directly on desk On fixed-height stand On adjustable arm(s)
 Mouse position: Close to keyboard Away from keyboard Not consistent
 Floor Type: Standard carpet Deep pile carpet Hard floor Other (please specify)
 Homeworker: Office worker:

Any other medical or historical information relevant to this enquiry:

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