

# ZEPHYR LIGHT - INSTRUCTIONS

### 1. SEAT HEIGHT



Lift the lever on the right-hand side and take your weight off the seat to raise the height. Remain seated to lower the height. Release the lever to lock the seat height.

### 2. SEAT TILT



Lift the lever on the left-hand side of the chair to activate the seat rock. Lower the lever to lock the seat into position.

#### 3. FREE FLOAT TENSION



Twist the knob on the right-hand side of the chair while in seat rock mode to adjust the tension of the rocking motion. Clockwise increases the tension, anti-clockwise reduces the tension.

#### 4. LUMBAR SUPPORT



Slide the lumbar support on the rear of the backrest either up or down until the desired level of support is achieved.

#### 5. SEAT DEPTH



Lift up the lever on the left-hand side of the chair and slide the seat either backwards or forwards until it is in a suitable position, lower the lever to lock the seat in to position.

#### 6. ARMREST HEIGHT



Press the button on the underside of the armrest and raise, or lower the armrest until it is in the desired position. Release the button to lock in to position.

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### 7. ARMREST ROTATION



Rotate the armrest until at the desired position. Repeat for the other arm.

### 8. ARMREST DEPTH



Slide the armrest forwards or backwards until they lock in to the desired armrest depth.

## 9. HEADREST (IF FITTED)



Rotate the support arm backwards and forwards by first pressing the two buttons at the base of the support and rotating the arm. To move the headrest up and down, press the button at the top of the support arm and slide up or down in to the desired position.









