

GRAHL DUO-BACK 11 & 12 - INSTRUCTIONS

1. SEAT HEIGHT



To raise the chair height, lift this lever on the right-hand side (whilst facing away from the chair) whilst unseated. To lower the chair height, lift this lever whilst seated.

2. ASYNCHRO ADJUSTMENT



On the left hand-side (whilst seated) pulling up this lever the chair mechanism will be in free float. To lock asynchronous mechanisms simply find a position you find comfortable and lower the lever to lock it off.

3. WEIGHT TENSION CONTROL



First pull this out sideways to the right as this will make it easier for you to adjust. By rotating the handle clockwise you will increase the level of resistance to the asynchro action of the chair and by rotating it anticlockwise, the resistance is reduced.

4. SEAT TILT (IF FITTED)



Push the lever on the right-hand side (whilst seated) pull down and backwards to release the independent seat tilt. Adjust the seat in angle back or forth and lock in the desired position by pushing this lever down and forwards.

5. SLIDING SEAT



Depress this button and slide the seat back and forth to adjust the seat to your leg length. Releasing the button will lock the seat in place

6. BACK HEIGHT ADJUSTMENT



Turn the bottom wheel in an anticlockwise direction to loosen the back rest; with your free hand raise or lower the back rest to the desired height and lock it in place by turning this wheel in a clockwise direction.

7. BACK WIDTH ADJUSTMENT



Turn the top wheel in a clockwise direction to decrease the width of the back rest pads and in an anti-clockwise direction to increase the width.

8. ARM HEIGHT ADJUSTMENT



Press and hold this button, raise or lower the arm rest to the desired position and release the button.

9. ARMREST PAD ADJUSTMENT



The arm rest pad tops can be slid forwards and backwards from the central position by pushing the top armrest pad forwards or backwards.

10. ARMREST PAD ROTATION



The arm rest pad tops can rotate 360 degrees by pressing this button and twisting the arm rest top either clockwise or anti-clockwise.

11. ARM WIDTH SPACE ADJUSTMENT (IF FITTED)



Start by releasing the small lever on the underside of the arm by pulling it down. Adjust accordingly then to tighten pull lever back to start position.

12. HEADREST ADJUST



Push the button on the rear of the chair and raise, or lower the headrest to adjust the headrest height. Push the headrest forwards or backwards to adjust its angle.